

## **AA4. Seeking to Be Both Inwardly & Outwardly Clean.**

*We are to seek to be both inwardly and outwardly clean.*

AA4a: *We are to seek to be inwardly clean.*

AA4b: *We are to seek to be outwardly clean.*

This precept is derived from His Word (blessed is He):

### **Key New Testament Scriptures**

John 13:10

*Yeshua said to him, "A man who has had a bath doesn't need to wash, except his feet- his body is already clean. And you people are clean, but not all of you.*

1 Timothy 1:5

*The purpose of this order is to promote love from a clean heart, from a good conscience and from sincere trust.*

Hebrews 10:22

*Therefore, let us approach the Holiest Place with a sincere heart, in the full assurance that comes from trusting- with our hearts sprinkled clean from a bad conscience and our bodies washed with pure water.*

### **Additional New Testament Scriptures**

Matthew 23:25-29

Luke 11:39-41

2 Corinthians 6:17

1 Timothy 3:8-9

James 4:8

### **Related New Testament Mitzvot**

AA01 Aspiring to Godliness and Holiness

AA03 Pursuing Righteousness and Living Righteously

AA16 Not Contemplating How to Gratify Sinful Desires

AA25 Focusing Our Thoughts on Things Good, Pure, Holy, and Praiseworthy

AA26 Not Touching That Which is Unclean

AA40 Not Treating as Unclean What God Has Made Clean

AA51 Aspiring to Be Blameless

GB08 Conducting Ourselves Wisely and with Godly Purity

## **Supportive Tanakh Scriptures**

### Exodus 30:19-21

Aharon and his sons will wash their hands and feet there when they enter the tent of meeting- they are to wash with water, so that they won't die. Also when they approach the altar to minister by burning an offering for *ADONAI*, they are to wash their hands and feet, so that they won't die. This is to be a perpetual law for them through all their generations.

### Leviticus 10:9-10

*Don't drink any wine or other intoxicating liquor, neither you nor your sons with you, when you enter the tent of meeting, so that you will not die. This is to be a permanent regulation through all your generations, so that you will distinguish between the holy and the common, and between the unclean and the clean;*

### Leviticus 16:30

*For on this day, atonement will be made for you to purify you; you will be clean before ADONAI from all your sins.*

### Psalms 24:4-5

*Those with clean hands and pure hearts, who don't make vanities the purpose of their lives or swear oaths just to deceive. They will receive a blessing from ADONAI and justice from God, who saves them.*

### Psalms 51.12(10)

*Create in me a clean heart, God; renew in me a resolute spirit.*

### Proverbs 20:9

*Who can say, "I have made my heart clean, I am cleansed from my sin"?*

### Isaiah 1:16

*Wash yourselves clean! Get your evil deeds out of my sight! Stop doing evil.*

### Ezekiel 36:25

*Then I will sprinkle clean water on you, and you will be clean; I will cleanse you from all your uncleanness and from all your idols.*

## **Comment**

Scripture uses “clean” and “unclean” in several ways – health-related, food-related, ceremony-related, and spiritually. Persons afflicted with sores (especially sores of leprosy) were deemed “unclean,” as were persons with bodily discharges and women during menses and after childbirth. Also, certain animals were declared unclean, and persons and objects touching something unclean (e.g. a human carcass) could render unclean the object or person who did the touching. All matters of cleanness (including hygienic) had ceremonial consequences in the Mosaic Covenant, especially regarding access to the Sanctuary and the performance of priestly functions.

While being “clean” or “unclean” during the Mosaic Covenant had distinct spiritual implications, the New Covenant Scriptures emphasize the spiritual – especially regarding the condition of one’s heart, to holiness, righteousness, godliness, purity, and sin.

**Related Mitzvot in Volumes 1 & 2**

A10 Ritual Purification, Cleanness, Separation & Health

A13 Being Pure in Heart

A24 Being Clean of Spirit as Well as of Body

K01 Creatures We Are Allowed to Eat and Forbidden to Eat

P06 Priests Ministering While Spiritually Unclean

P07 Levitical Priests Being Near a Dead Body